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CONSENT

CONSENT IS WHEN YOU GIVE PERMISSION FOR SOMETHING TO HAPPEN.

Consent is something you can practice every day. For example, consent might mean asking permission to take someone's picture. Consent means you respect the other person. Consent is important for getting along with other people and having good relations, including anything sexual.

You must have consent before any sexual activities. A person should never be threatened or forced to give consent. If that happens, it is not consent. A person may give consent for one activity and may not for others. A person can withdraw their consent at any time.

“ IT'S TIME ”

Ask for consent before:

- Touching, hugging, kissing or any sexual activity
- Commenting on, taking or sharing photos of someone else

Consent must be:

- **Informed.** This means everyone understands what is happening or will happen.
- **Voluntary.** This means that the person giving consent must want to do something and they don't feel forced to say yes.
- **Given when someone can understand what it means.** This means a person cannot consent if they are unconscious, drunk or high on drugs.
- **Mutual.** This means each person must understand what they are consenting to and that everyone feels good about the decision.
- **Ongoing.** This means consent can be withdrawn at any point. It also means it is important to keep checking to see if your partner is okay.
- **Verbal or nonverbal:** consent doesn't need to feel awkward, as long as the words or actions are clear for everyone.

Remember:

- **Drunk** means **no**
- **Later** means **no**
- **Silence** means **no**
- **No** means **no**

Ways to ask for consent

- Are you into this?
- Do you want me to...?
- Are you comfortable?

Consent is everyone's responsibility.

JOIN THE CONVERSATION!

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